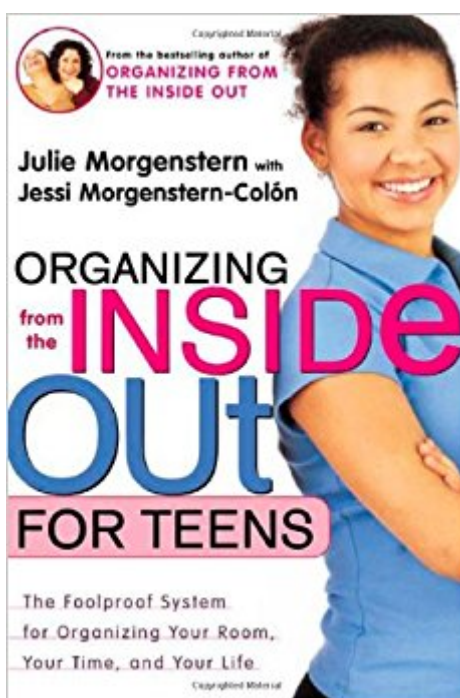


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# Organizing From The Inside Out For Teenagers: The Foolproof System For Organizing Your Room, Your Time, And Your Life



## Synopsis

From Organizing from the Inside Out for Teens: Jessi Says What's My Payoff? My bedroom is my home base and keeping it organized is a must. If my room isn't in solid condition, it's difficult to keep the rest of my life on track. Here are some other reasons that motivate me to keep my room organized:- My room is the only space on the entire planet that is solely mine.- My organized room allows me to maximize my space and time.- My room boosts my confidence.- My room gives others (especially my mom!) confidence in me.- Organizing my room allows me to do what I want, when I want.

## Book Information

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Age Range: 12 - 17 years

Grade Level: 7 - 12

## Customer Reviews

Another mother/daughter team joins forces in Organizing from the Inside Out for Teens: The Foolproof System for Organizing Your Room, Your Time, and Your Life by Julie Morgenstern with Jessi Morgenstern-Colon. The comprehensive volume opens by assessing the symptoms of disorganization, providing a diagnosis and offering a prescription for change. Subsequent chapters put readers in "Analyze-Strategize-Attack" mode as they take on messy bedrooms, backpacks and cluttered social calendars. Ages 12-up. Copyright 2002 Reed Business Information, Inc.

Gr. 7-12. Morgenstern, author of Organizing from the Inside Out (1998) for adult readers, teams up

with her daughter Jessi to offer practical advice to teenagers who want to get organized. After considering what might be holding them back and the three steps to success (analyze, strategize, attack), the discussion shifts to the two major areas of concern: managing space and managing time. Readers who aren't interested in reshaping their entire lives could benefit from reading a section of the book devoted to a specific challenge, such as getting long-term school projects done. To her mother's practical approach, Jessi adds her own comments and experiences as a teenager learning to bring order to her messy room and overcrowded schedule. In addition to small charts and diagrams that bolster the text, occasional cartoon drawings enliven the presentation. Useful advice in an accessible paperback format. Carolyn Phelan Copyright © American Library Association. All rights reserved

I read this book for a class I took. It makes you think about WHY you are disorganized instead of quick fix options of going and getting more containers. If you really follow the steps she suggests, this book will impact your organizational style.

I'm sure this is a fine book, but it is for teens. I do know what to do-when you take something down, out, or off, put it up, in, or on as soon as possible. Don't have multiply projects going at the same time! Take one thing and follow it through from beginning to end. So you see, I do know what to do, it's just a matter of doing these things!! It may sound like an easy task, but believe me, it's not!!

This is one easy to absorb "how to organize" book. The idea that caught on with me was organize your filing cabinet drop folders exactly the way you think about them. Don't just use some general organization scheme. Make it yours and then you'll be able to find documents quickly and painlessly. I gave it 4 stars only because I still had to organize the documents myself (chuckle chuckle).

This book is a trifle superannuated (the chapter on taming technology cracked me up), but there's still a lot of amazingly useful information in it. I first read it way back in 2001 or so, and it helped me get my life together (which it sorely needed). I just re-read, because things have slipped off the rails a bit, and I knew this book would inspire me to get back on track (and it has).

I first borrowed this book from the public library. I liked it so much I bought a copy. This is one of those books where you actually want a hard copy to reference to. I even encouraged my mother to

buy one (The person I inherited my disorganization from lol) This is great for people with ADHD/ADD

If you're like me, you've collected quite a few books on clutter, as well as all that clutter than you live with. I've drawn some useful information from all of them, but none have been as useful as *Organizing from the Inside Out*. Morgenstern's book encourages you to rethink your clutter problem in terms of a program that is tailored to suit the clutterer as an individual, whose desire for organization can be realised through some clear guidelines and inspiring suggestions. Morgenstern's book suggests that clutter problems can be diagnosed and remedied by a careful reappraisal of what it is about you that makes you have a problem with organization. Morgenstern doesn't confuse antiseptic environments with organization, and she doesn't lose sight of the pleasure many of us have in finding ourselves in "busy" environments. What she does give is a compelling account of how organizational problems occur, and some clear-headed advice for dealing with them. Unlike most other clutter books I have read, nothing here made me cringe, or think that Morgenstern didn't understand why people love things. If you're thinking of buying one book to sort out organizational problems in the home, I recommend this one. \*\*\* later comment \*\*\* I wrote this review a long time ago. I thought I'd report that I am \*still\* using the advice found in this book. Perhaps the thing that's stayed with me best is Julie's advice on how to get started, and on how to envisage the process. This is an incredibly helpful book.

OK but really dated and needs an update to the world of technology. Would not buy it again.

This is by far the best *Organizing* book I have ever read! I used to be pretty organized, things I needed I could find and were much simpler but over the years I've collected a lot of stuff. I've tried other books and their systems and their comments on if you don't use it toss it but they never worked for me. What I absolutely love about this book is that it encourages you to focus on what works for you now, even in the smallest sense and build on that. Not throw all your stuff away (that you won't no matter who tells you to). We recently bought a new house and I haven't been able to get anything in order no matter how much time I've spent picking up and staring at a room trying to figure out what to do with it. and it's been I only read the first section and then over the weekend without even realizing it I had my dining room and office area completely put together and organized without any room staring! It really felt liberating and the room is perfect now and it didn't cost me anything but this book because I had everything I needed buried right there on the desk and table.

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